

**TIDEMILL YACHT HARBOUR - WOODBRIDGE****TIDAL PREDICTIONS FOR 2010 - GUIDE TO HEIGHT OVER SILL AT TIDEMILL YACHT HARBOUR**

<b>Sunday 29th August</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	23:28	00:28	01:28	02:28	03:28	04:28	05:28	06:28
<b>First Height</b>	0.45	0.92	1.40	1.94	2.28	1.69	1.13	0.56
<b>Second Time</b>	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35
<b>Second Height</b>	0.47	0.96	1.44	2.00	2.33	1.75	1.17	0.58

<b>Monday 30th August</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	00:00	01:00	02:00	03:00	04:00	05:00	06:00	07:00
<b>First Height</b>	0.45	0.93	1.40	1.94	2.26	1.70	1.13	0.57
<b>Second Time</b>	12:08	13:08	14:08	15:08	16:08	17:08	18:08	19:08
<b>Second Height</b>	0.46	0.95	1.44	2.00	2.32	1.74	1.16	0.58

<b>Tuesday 31st August</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	00:38	01:38	02:38	03:38	04:38	05:38	06:38	07:38
<b>First Height</b>	0.44	0.90	1.36	1.88	2.19	1.64	1.10	0.55
<b>Second Time</b>	12:46	13:46	14:46	15:46	16:46	17:46	18:46	19:46
<b>Second Height</b>	0.45	0.91	1.38	1.92	2.23	1.67	1.12	0.56

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables

Always read the markings from the post at the sill entrance. Please read these charts in conjunction with these notes