

**TIDEMILL YACHT HARBOUR - WOODBRIDGE****TIDAL PREDICTIONS FOR 2010 - GUIDE TO HEIGHT OVER SILL AT TIDEMILL YACHT HARBOUR**

<b>Thursday 29th July</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	23:05	00:05	01:05	02:05	03:05	04:05	05:05	06:05
<b>First Height</b>	0.45	0.91	1.38	1.92	2.28	1.67	1.12	0.56
<b>Second Time</b>	11:09	12:09	13:09	14:09	15:09	16:09	17:09	18:09
<b>Second Height</b>	0.46	0.94	1.42	1.97	2.29	1.72	1.15	0.57

<b>Friday 30th July</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	23:34	00:34	01:34	02:34	03:34	04:34	05:34	06:34
<b>First Height</b>	0.44	0.89	1.35	1.87	2.18	1.64	1.09	0.55
<b>Second Time</b>	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37
<b>Second Height</b>	0.46	0.93	1.41	1.96	2.28	1.71	1.14	0.57

<b>Saturday 31st July</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	00:02	01:02	02:02	03:02	04:02	05:02	06:02	07:02
<b>First Height</b>	0.43	0.89	1.35	1.87	2.17	1.63	1.09	0.54
<b>Second Time</b>	12:08	13:08	14:08	15:08	16:08	17:08	18:08	19:08
<b>Second Height</b>	0.45	0.93	1.40	1.94	2.26	1.70	1.13	0.57

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables

Always read the markings from the post at the sill entrance. Please read these charts in conjunction with these notes