

**TIDEMILL YACHT HARBOUR - WOODBRIDGE**

**TIDAL PREDICTIONS FOR 2010 - GUIDE TO HEIGHT OVER SILL AT TIDEMILL YACHT HARBOUR**

<b>Monday 29th November</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	01:07	02:07	03:07	04:07	05:07	06:07	07:07	08:07
<b>First Height</b>	0.40	0.82	1.23	1.71	1.99	1.49	1.00	0.50
<b>Second Time</b>	13:58	14:58	15:58	16:58	17:58	18:58	19:58	20:58
<b>Second Height</b>	0.41	0.84	1.26	1.75	2.04	1.53	1.02	0.51

<b>Tuesday 30th November</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	02:19	03:19	04:19	05:19	06:19	07:19	08:19	09:19
<b>First Height</b>	0.39	0.80	1.21	1.68	1.95	1.46	0.98	0.49
<b>Second Time</b>	15:07	16:07	17:07	18:07	19:07	20:07	21:07	22:07
<b>Second Height</b>	0.40	0.83	1.25	1.74	2.02	1.52	1.01	0.51

**Times shown are LOCAL**

**These tables are intended as a guide only, and must be used in conjunction with your tide tables**

**Always read the markings from the post at the sill entrance. Please read these charts in conjunction with these notes**