

**TIDEMILL YACHT HARBOUR - WOODBRIDGE**

**TIDAL PREDICTIONS FOR 2010 - GUIDE TO HEIGHT OVER SILL AT TIDEMILL YACHT HARBOUR**

<b>Wednesday 29th Septembe</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	00:04	01:04	02:04	03:04	04:04	05:04	06:04	07:04
<b>First Height</b>	0.45	0.93	1.40	1.94	2.28	1.70	1.13	0.57
<b>Second Time</b>	12:20	13:20	14:20	15:20	16:20	17:20	18:20	19:20
<b>Second Height</b>	0.46	0.95	1.43	1.99	2.31	1.73	1.16	0.58

<b>Thursday 30th September</b>	<b>HW-4</b>	<b>HW-3</b>	<b>HW-2</b>	<b>HW-1</b>	<b>HW</b>	<b>HW+1</b>	<b>HW+2</b>	<b>HW+3</b>
<b>First Time</b>	00:46	01:46	02:46	03:46	04:46	05:46	06:46	07:46
<b>First Height</b>	0.42	0.86	1.30	1.81	2.10	1.58	1.05	0.53
<b>Second Time</b>	13:08	14:08	15:08	16:08	17:08	18:08	19:08	20:08
<b>Second Height</b>	0.43	0.87	1.32	1.83	2.13	1.60	1.07	0.53

**Times shown are LOCAL**

**These tables are intended as a guide only, and must be used in conjunction with your tide tables**

**Always read the markings from the post at the sill entrance. Please read these charts in conjunction with these notes**