

Sunday 8th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	04:06	05:06	06:06	07:06	08:06	09:06	10:06	11:06
First Height	0.38	0.78	1.18	1.64	1.91	1.43	0.96	0.48
Second Time	16:25	17:25	18:25	19:25	20:25	21:25	22:25	23:25
Second Height	0.39	0.79	1.20	1.66	1.93	1.45	0.97	0.48

Monday 9th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	05:16	06:16	07:16	08:16	09:16	10:16	11:16	12:16
First Height	0.40	0.83	1.25	1.74	2.02	1.52	1.01	0.51
Second Time	17:35	18:35	19:35	20:35	21:35	22:35	23:35	00:35
Second Height	0.41	0.84	1.26	1.75	2.04	1.53	1.02	0.51

Tuesday 10th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	06:21	07:21	08:21	09:21	10:21	11:21	12:21	13:21
First Height	0.44	0.89	1.35	1.87	2.18	1.64	1.09	0.55
Second Time	18:40	19:40	20:40	21:40	22:40	23:40	00:40	01:40
Second Height	0.44	0.91	1.38	1.91	2.22	1.67	1.11	0.56

Wednesday 11th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	07:20	08:20	09:20	10:20	11:20	12:20	13:20	14:20
First Height	0.47	0.96	1.45	2.01	2.34	1.76	1.17	0.59
Second Time	19:40	20:40	21:40	22:40	23:40	00:40	01:40	02:40
Second Height	0.48	0.98	1.49	2.06	2.40	1.80	1.20	0.60

Thursday 12th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	08:16	09:16	10:16	11:16	12:16	13:16	14:16	15:16
First Height	0.49	1.01	1.53	2.12	2.47	1.85	1.24	0.62
Second Time	20:36	21:36	22:36	23:36	00:36	01:36	02:36	03:36
Second Height	0.51	1.05	1.59	2.21	2.57	1.93	1.29	0.64

Friday 13th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	09:09	10:09	11:09	12:09	13:09	14:09	15:09	16:09
First Height	0.51	1.05	1.59	2.20	2.56	1.92	1.28	0.64
Second Time	21:30	22:30	23:30	00:30	01:30	02:30	03:30	04:30
Second Height	0.54	1.11	1.68	2.33	2.71	2.03	1.36	0.68

Saturday 14th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time								
First Height								
Second Time	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00
Second Height	0.52	1.07	1.62	2.25	2.62	1.97	1.31	0.66

**Times shown are LOCAL**

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.