

| Monday 1st April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time       | 06:59 | 07:59 | 08:59 | 09:59 | 10:59 | 11:59 | 12:59 | 13:59 |
| First Height     | 0.40  | 0.81  | 1.23  | 1.70  | 1.98  | 1.49  | 0.99  | 0.50  |
| Second Time      | 19:13 | 20:13 | 21:13 | 22:13 | 23:13 | 00:13 | 01:13 | 02:13 |
| Second Height    | 0.38  | 0.77  | 1.17  | 1.62  | 1.88  | 1.41  | 0.94  | 0.47  |

| Tuesday 2nd April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time        | 07:45 | 08:45 | 09:45 | 10:45 | 11:45 | 12:45 | 13:45 | 14:45 |
| First Height      | 0.43  | 0.89  | 1.34  | 1.86  | 2.16  | 1.62  | 1.08  | 0.54  |
| Second Time       | 19:57 | 20:57 | 21:57 | 22:57 | 23:57 | 00:57 | 01:57 | 02:57 |
| Second Height     | 0.41  | 0.84  | 1.28  | 1.77  | 2.06  | 1.55  | 1.03  | 0.52  |

| Wednesday 3rd April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|---------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time          | 08:24 | 09:24 | 10:24 | 11:24 | 12:24 | 13:24 | 14:24 | 15:24 |
| First Height        | 0.46  | 0.94  | 1.42  | 1.97  | 2.29  | 1.72  | 1.15  | 0.57  |
| Second Time         | 20:34 | 21:34 | 22:34 | 23:34 | 00:34 | 01:34 | 02:34 | 03:34 |
| Second Height       | 0.44  | 0.90  | 1.36  | 1.89  | 2.20  | 1.65  | 1.10  | 0.55  |

| Thursday 4th April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time         | 08:59 | 09:59 | 10:59 | 11:59 | 12:59 | 13:59 | 14:59 | 15:59 |
| First Height       | 0.47  | 0.97  | 1.47  | 2.04  | 2.37  | 1.78  | 1.19  | 0.59  |
| Second Time        | 21:07 | 22:07 | 23:07 | 00:07 | 01:07 | 02:07 | 03:07 | 04:07 |
| Second Height      | 0.46  | 0.95  | 1.44  | 2.00  | 2.32  | 1.74  | 1.16  | 0.58  |

| Friday 5th April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time       | 09:31 | 10:31 | 11:31 | 12:31 | 13:31 | 14:31 | 15:31 | 16:31 |
| First Height     | 0.48  | 0.99  | 1.50  | 2.08  | 2.42  | 1.82  | 1.21  | 0.61  |
| Second Time      |       |       |       |       |       |       |       |       |
| Second Height    |       |       |       |       |       |       |       |       |

| Saturday 6th April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time         | 21:39 | 22:39 | 23:39 | 00:39 | 01:39 | 02:39 | 03:39 | 04:39 |
| First Height       | 0.48  | 0.99  | 1.49  | 2.07  | 2.41  | 1.81  | 1.21  | 0.60  |
| Second Time        | 10:01 | 11:01 | 12:01 | 13:01 | 14:01 | 15:01 | 16:01 | 17:01 |
| Second Height      | 0.49  | 1.01  | 1.53  | 2.12  | 2.47  | 1.85  | 1.24  | 0.62  |

| Sunday 7th April | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time       | 22:11 | 23:11 | 00:11 | 01:11 | 02:11 | 03:11 | 04:11 | 05:11 |
| First Height     | 0.49  | 1.01  | 1.53  | 2.12  | 2.47  | 1.85  | 1.24  | 0.62  |
| Second Time      | 10:33 | 11:33 | 12:33 | 13:33 | 14:33 | 15:33 | 16:33 | 17:33 |
| Second Height    | 0.50  | 1.02  | 1.54  | 2.13  | 2.48  | 1.86  | 1.24  | 0.62  |

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.