

| Thursday 15th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|----------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time           | 09:18 | 10:18 | 11:18 | 12:18 | 13:18 | 14:18 | 15:18 | 16:18 |
| First Height         | 0.47  | 0.97  | 1.46  | 2.03  | 2.36  | 1.77  | 1.18  | 0.59  |
| Second Time          |       |       |       |       |       |       |       |       |
| Second Height        |       |       |       |       |       |       |       |       |

| Friday 16th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time         | 21:38 | 22:38 | 23:38 | 00:38 | 01:38 | 02:38 | 03:38 | 04:38 |
| First Height       | 0.48  | 0.99  | 1.50  | 2.08  | 2.42  | 1.82  | 1.21  | 0.61  |
| Second Time        | 09:52 | 10:52 | 11:52 | 12:52 | 13:52 | 14:52 | 15:52 | 16:52 |
| Second Height      | 0.48  | 0.99  | 1.49  | 2.07  | 2.41  | 1.81  | 1.21  | 0.60  |

| Saturday 17th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|----------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time           | 22:13 | 23:13 | 00:13 | 01:13 | 02:13 | 03:13 | 04:13 | 05:13 |
| First Height         | 0.49  | 1.00  | 1.51  | 2.10  | 2.44  | 1.83  | 1.22  | 0.61  |
| Second Time          | 10:23 | 11:23 | 12:23 | 13:23 | 14:23 | 15:23 | 16:23 | 17:23 |
| Second Height        | 0.49  | 1.00  | 1.52  | 2.11  | 2.45  | 1.84  | 1.23  | 0.61  |

| Sunday 18th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time         | 22:46 | 23:46 | 00:46 | 01:46 | 02:46 | 03:46 | 04:46 | 05:46 |
| First Height       | 0.49  | 1.00  | 1.51  | 2.10  | 2.44  | 1.83  | 1.22  | 0.61  |
| Second Time        | 10:52 | 11:52 | 12:52 | 13:52 | 14:52 | 15:52 | 16:52 | 17:52 |
| Second Height      | 0.50  | 1.02  | 1.54  | 2.13  | 2.48  | 1.86  | 1.24  | 0.62  |

| Monday 19th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time         | 23:16 | 00:16 | 01:16 | 02:16 | 03:16 | 04:16 | 05:16 | 06:16 |
| First Height       | 0.48  | 0.99  | 1.50  | 2.08  | 2.42  | 1.82  | 1.21  | 0.61  |
| Second Time        | 11:23 | 12:23 | 13:23 | 14:23 | 15:23 | 16:23 | 17:23 | 18:23 |
| Second Height      | 0.49  | 1.01  | 1.53  | 2.12  | 2.47  | 1.85  | 1.24  | 0.62  |

| Tuesday 20th August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|---------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time          | 23:47 | 00:47 | 01:47 | 02:47 | 03:47 | 04:47 | 05:47 | 06:47 |
| First Height        | 0.47  | 0.96  | 1.46  | 2.02  | 2.35  | 1.76  | 1.18  | 0.59  |
| Second Time         | 11:54 | 12:54 | 13:54 | 14:54 | 15:54 | 16:54 | 17:54 | 18:54 |
| Second Height       | 0.48  | 0.98  | 1.49  | 2.06  | 2.40  | 1.80  | 1.20  | 0.60  |

| Wednesday 21st August | HW-4  | HW-3  | HW-2  | HW-1  | HW    | HW+1  | HW+2  | HW+3  |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time            | 00:18 | 01:18 | 02:18 | 03:18 | 04:18 | 05:18 | 06:18 | 07:18 |
| First Height          | 0.45  | 0.92  | 1.40  | 1.94  | 2.25  | 1.69  | 1.13  | 0.56  |
| Second Time           | 12:26 | 13:26 | 14:26 | 15:26 | 16:26 | 17:26 | 18:26 | 19:26 |
| Second Height         | 0.46  | 0.95  | 1.43  | 1.99  | 2.31  | 1.73  | 1.16  | 0.58  |

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.