

Monday 8th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:05	02:05	03:05	04:05	05:05	06:05	07:05	08:05
First Height	0.50	1.02	1.55	2.15	2.50	1.88	1.25	0.63
Second Time	13:26	14:26	15:26	16:26	17:26	18:26	19:26	20:26
Second Height	0.46	0.95	1.44	2.00	2.32	1.74	1.16	0.58

Tuesday 9th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:58	02:58	03:58	04:58	05:58	06:58	07:58	08:58
First Height	0.47	0.97	1.47	2.04	2.37	1.78	1.19	0.59
Second Time	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18
Second Height	0.45	0.93	1.40	1.94	2.26	1.69	1.13	0.56

Wednesday 10th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:55	03:55	04:55	05:55	06:55	07:55	08:55	09:55
First Height	0.45	0.92	1.39	1.93	2.24	1.68	1.12	0.56
Second Time	15:15	16:15	17:15	18:15	19:15	20:15	21:15	22:15
Second Height	0.44	0.89	1.35	1.87	2.18	1.64	1.09	0.55

Thursday 11th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	03:57	04:57	05:57	06:57	07:57	08:57	09:57	10:57
First Height	0.43	0.87	1.32	1.83	2.13	1.60	1.07	0.53
Second Time	16:20	17:20	18:20	19:20	20:20	21:20	22:20	23:20
Second Height	0.42	0.87	1.31	1.81	2.11	1.58	1.06	0.53

Friday 12th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	05:05	06:05	07:05	08:05	09:05	10:05	11:05	12:05
First Height	0.42	0.86	1.30	1.80	2.09	1.57	1.05	0.52
Second Time	17:30	18:30	19:30	20:30	21:30	22:30	23:30	00:30
Second Height	0.42	0.86	1.30	1.81	2.10	1.58	1.05	0.53

Saturday 13th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	06:13	07:13	08:13	09:13	10:13	11:13	12:13	13:13
First Height	0.42	0.87	1.31	1.82	2.12	1.59	1.06	0.53
Second Time	18:39	19:39	20:39	21:39	22:39	23:39	00:39	01:39
Second Height	0.43	0.88	1.33	1.85	2.15	1.61	1.08	0.54

Sunday 14th July	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	07:15	08:15	09:15	10:15	11:15	12:15	13:15	14:15
First Height	0.44	0.90	1.36	1.89	2.20	1.65	1.10	0.55
Second Time	19:39	20:39	21:39	22:39	23:39	00:39	01:39	02:39
Second Height	0.45	0.92	1.39	1.93	2.24	1.68	1.12	0.56

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.