

| Wednesday 15th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 06:05 | 07:05 | 08:05 | 09:05 | 10:05 | 11:05 | 12:05 | 13:05 |
| First Height | 0.45 | 0.92 | 1.39 | 1.93 | 2.24 | 1.68 | 1.12 | 0.56 |
| Second Time | 18:28 | 19:28 | 20:28 | 21:28 | 22:28 | 23:28 | 00:28 | 01:28 |
| Second Height | 0.42 | 0.86 | 1.30 | 1.81 | 2.10 | 1.58 | 1.05 | 0.53 |

| Thursday 16th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 07:06 | 08:06 | 09:06 | 10:06 | 11:06 | 12:06 | 13:06 | 14:06 |
| First Height | 0.48 | 0.98 | 1.48 | 2.06 | 2.39 | 1.79 | 1.20 | 0.60 |
| Second Time | 19:26 | 20:26 | 21:26 | 22:26 | 23:26 | 00:26 | 01:26 | 02:26 |
| Second Height | 0.46 | 0.93 | 1.41 | 1.96 | 2.28 | 1.71 | 1.14 | 0.57 |

| Friday 17th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 07:57 | 08:57 | 09:57 | 10:57 | 11:57 | 12:57 | 13:57 | 14:57 |
| First Height | 0.50 | 1.02 | 1.55 | 2.15 | 2.50 | 1.88 | 1.25 | 0.63 |
| Second Time | 20:16 | 21:16 | 22:16 | 23:16 | 00:16 | 01:16 | 02:16 | 03:16 |
| Second Height | 0.49 | 1.00 | 1.51 | 2.09 | 2.43 | 1.82 | 1.22 | 0.61 |

| Saturday 18th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 08:44 | 09:44 | 10:44 | 11:44 | 12:44 | 13:44 | 14:44 | 15:44 |
| First Height | 0.51 | 1.05 | 1.59 | 2.20 | 2.56 | 1.92 | 1.28 | 0.64 |
| Second Time | 21:00 | 22:00 | 23:00 | 00:00 | 01:00 | 02:00 | 03:00 | 04:00 |
| Second Height | 0.51 | 1.04 | 1.57 | 2.18 | 2.53 | 1.90 | 1.27 | 0.63 |

| Sunday 19th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 09:26 | 10:26 | 11:26 | 12:26 | 13:26 | 14:26 | 15:26 | 16:26 |
| First Height | 0.51 | 1.05 | 1.59 | 2.21 | 2.57 | 1.93 | 1.29 | 0.64 |
| Second Time | | | | | | | | |
| Second Height | | | | | | | | |

| Monday 20th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 21:42 | 22:42 | 23:42 | 00:42 | 01:42 | 02:42 | 03:42 | 04:42 |
| First Height | 0.52 | 1.06 | 1.61 | 2.23 | 2.59 | 1.94 | 1.30 | 0.65 |
| Second Time | 10:06 | 11:06 | 12:06 | 13:06 | 14:06 | 15:06 | 16:06 | 17:06 |
| Second Height | 0.51 | 1.04 | 1.57 | 2.18 | 2.54 | 1.91 | 1.27 | 0.64 |

| Tuesday 21st May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 22:23 | 23:23 | 00:23 | 01:23 | 02:23 | 03:23 | 04:23 | 05:23 |
| First Height | 0.52 | 1.06 | 1.61 | 2.23 | 2.59 | 1.94 | 1.30 | 0.65 |
| Second Time | 10:44 | 11:44 | 12:44 | 13:44 | 14:44 | 15:44 | 16:44 | 17:44 |
| Second Height | 0.49 | 1.01 | 1.53 | 2.12 | 2.47 | 1.85 | 1.24 | 0.62 |

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.