

Monday 22nd June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	21:32	22:32	23:32	00:32	01:32	02:32	03:32	04:32
First Height	0.47	0.96	1.45	2.01	2.34	1.76	1.17	0.59
Second Time	09:56	10:56	11:56	12:56	13:56	14:56	15:56	16:56
Second Height	0.47	0.97	1.47	2.04	2.37	1.78	1.19	0.59

Tuesday 23rd June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	22:14	23:14	00:14	01:14	02:14	03:14	04:14	05:14
First Height	0.48	0.98	1.48	2.06	2.39	1.79	1.20	0.60
Second Time	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37
Second Height	0.47	0.96	1.46	2.02	2.35	1.76	1.18	0.59

Wednesday 24th June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	22:56	23:56	00:56	01:56	02:56	03:56	04:56	05:56
First Height	0.48	0.99	1.49	2.07	2.41	1.81	1.21	0.60
Second Time	11:17	12:17	13:17	14:17	15:17	16:17	17:17	18:17
Second Height	0.46	0.94	1.43	1.98	2.30	1.73	1.15	0.57

Thursday 25th June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:39	00:39	01:39	02:39	03:39	04:39	05:39	06:39
First Height	0.48	0.98	1.49	2.06	2.40	1.80	1.20	0.60
Second Time	11:58	12:58	13:58	14:58	15:58	16:58	17:58	18:58
Second Height	0.44	0.91	1.38	1.91	2.22	1.67	1.11	0.56

Friday 26th June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:24	01:24	02:24	03:24	04:24	05:24	06:24	07:24
First Height	0.47	0.96	1.46	2.02	2.35	1.76	1.18	0.59
Second Time	12:41	13:41	14:41	15:41	16:41	17:41	18:41	19:41
Second Height	0.43	0.88	1.33	1.85	2.15	1.61	1.08	0.54

Saturday 27th June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:12	02:12	03:12	04:12	05:12	06:12	07:12	08:12
First Height	0.46	0.93	1.41	1.96	2.28	1.71	1.14	0.57
Second Time	13:29	14:29	15:29	16:29	17:29	18:29	19:29	20:29
Second Height	0.42	0.86	1.30	1.81	2.10	1.58	1.05	0.53

Sunday 28th June	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:05	03:05	04:05	05:05	06:05	07:05	08:05	09:05
First Height	0.44	0.90	1.36	1.89	2.20	1.65	1.10	0.55
Second Time	14:23	15:23	16:23	17:23	18:23	19:23	20:23	21:23
Second Height	0.41	0.85	1.28	1.78	2.07	1.55	1.03	0.52

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.