

Sunday 15th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:29	02:29	03:29	04:29	05:29	06:29	07:29	08:29
First Height	0.44	0.91	1.38	1.91	2.22	1.67	1.11	0.56
Second Time	13:41	14:41	15:41	16:41	17:41	18:41	19:41	20:41
Second Height	0.46	0.94	1.42	1.97	2.29	1.72	1.15	0.57

Monday 16th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:20	03:20	04:20	05:20	06:20	07:20	08:20	09:20
First Height	0.41	0.85	1.28	1.78	2.07	1.55	1.03	0.52
Second Time	14:38	15:38	16:38	17:38	18:38	19:38	20:38	21:38
Second Height	0.43	0.89	1.34	1.86	2.16	1.62	1.08	0.54

Tuesday 17th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	03:23	04:23	05:23	06:23	07:23	08:23	09:23	10:23
First Height	0.39	0.79	1.20	1.66	1.93	1.45	0.97	0.48
Second Time	15:50	16:50	17:50	18:50	19:50	20:50	21:50	22:50
Second Height	0.40	0.83	1.25	1.74	2.02	1.52	1.01	0.51

Wednesday 18th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	04:40	05:40	06:40	07:40	08:40	09:40	10:40	11:40
First Height	0.37	0.76	1.15	1.60	1.86	1.40	0.93	0.47
Second Time	17:18	18:18	19:18	20:18	21:18	22:18	23:18	00:18
Second Height	0.40	0.82	1.24	1.72	2.00	1.50	1.00	0.50

Thursday 19th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	06:04	07:04	08:04	09:04	10:04	11:04	12:04	13:04
First Height	0.39	0.79	1.20	1.66	1.93	1.45	0.97	0.48
Second Time	18:41	19:41	20:41	21:41	22:41	23:41	00:41	01:41
Second Height	0.43	0.88	1.33	1.84	2.14	1.61	1.07	0.54

Friday 20th August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	07:17	08:17	09:17	10:17	11:17	12:17	13:17	14:17
First Height	0.42	0.87	1.31	1.81	2.11	1.58	1.06	0.53
Second Time	19:48	20:48	21:48	22:48	23:48	00:48	01:48	02:48
Second Height	0.47	0.96	1.46	2.02	2.35	1.76	1.18	0.59

Saturday 21st August	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	08:16	09:16	10:16	11:16	12:16	13:16	14:16	15:16
First Height	0.46	0.94	1.42	1.97	2.29	1.72	1.15	0.57
Second Time	20:41	21:41	22:41	23:41	00:41	01:41	02:41	03:41
Second Height	0.50	1.03	1.56	2.17	2.52	1.89	1.26	0.63

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.