

Monday 15th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	21:15	22:15	23:15	00:15	01:15	02:15	03:15	04:15
First Height	0.49	1.01	1.53	2.12	2.47	1.85	1.24	0.62
Second Time	09:38	10:38	11:38	12:38	13:38	14:38	15:38	16:38
Second Height	0.50	1.02	1.54	2.13	2.48	1.86	1.24	0.62

Tuesday 16th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	21:44	22:44	23:44	00:44	01:44	02:44	03:44	04:44
First Height	0.50	1.02	1.55	2.15	2.50	1.88	1.25	0.63
Second Time	10:08	11:08	12:08	13:08	14:08	15:08	16:08	17:08
Second Height	0.48	0.99	1.50	2.08	2.42	1.82	1.21	0.61

Wednesday 17th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	22:14	23:14	00:14	01:14	02:14	03:14	04:14	05:14
First Height	0.50	1.02	1.54	2.14	2.49	1.87	1.25	0.62
Second Time	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37
Second Height	0.46	0.95	1.44	2.00	2.32	1.74	1.16	0.58

Thursday 18th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	22:46	23:46	00:46	01:46	02:46	03:46	04:46	05:46
First Height	0.48	0.99	1.49	2.07	2.41	1.81	1.21	0.60
Second Time	11:06	12:06	13:06	14:06	15:06	16:06	17:06	18:06
Second Height	0.44	0.90	1.36	1.89	2.20	1.65	1.10	0.55

Friday 19th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:19	00:19	01:19	02:19	03:19	04:19	05:19	06:19
First Height	0.45	0.93	1.41	1.95	2.27	1.70	1.14	0.57
Second Time	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37
Second Height	0.41	0.84	1.27	1.76	2.05	1.54	1.02	0.51

Saturday 20th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:53	00:53	01:53	02:53	03:53	04:53	05:53	06:53
First Height	0.42	0.86	1.30	1.81	2.10	1.58	1.05	0.53
Second Time	12:11	13:11	14:11	15:11	16:11	17:11	18:11	19:11
Second Height	0.38	0.77	1.17	1.62	1.88	1.41	0.94	0.47

Sunday 21st March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:31	01:31	02:31	03:31	04:31	05:31	06:31	07:31
First Height	0.38	0.78	1.18	1.63	1.90	1.42	0.95	0.48
Second Time	12:52	13:52	14:52	15:52	16:52	17:52	18:52	19:52
Second Height	0.34	0.69	1.04	1.44	1.68	1.26	0.84	0.42

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.