

| Saturday 22nd May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 05:07 | 06:07 | 07:07 | 08:07 | 09:07 | 10:07 | 11:07 | 12:07 |
| First Height | 0.40 | 0.82 | 1.24 | 1.72 | 2.00 | 1.50 | 1.00 | 0.50 |
| Second Time | 17:30 | 18:30 | 19:30 | 20:30 | 21:30 | 22:30 | 23:30 | 00:30 |
| Second Height | 0.39 | 0.79 | 1.20 | 1.66 | 1.93 | 1.45 | 0.97 | 0.48 |

| Sunday 23rd May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 06:12 | 07:12 | 08:12 | 09:12 | 10:12 | 11:12 | 12:12 | 13:12 |
| First Height | 0.44 | 0.91 | 1.37 | 1.90 | 2.21 | 1.66 | 1.11 | 0.55 |
| Second Time | 18:30 | 19:30 | 20:30 | 21:30 | 22:30 | 23:30 | 00:30 | 01:30 |
| Second Height | 0.43 | 0.88 | 1.33 | 1.84 | 2.14 | 1.61 | 1.07 | 0.54 |

| Monday 24th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 07:09 | 08:09 | 09:09 | 10:09 | 11:09 | 12:09 | 13:09 | 14:09 |
| First Height | 0.48 | 0.98 | 1.48 | 2.06 | 2.39 | 1.79 | 1.20 | 0.60 |
| Second Time | 19:26 | 20:26 | 21:26 | 22:26 | 23:26 | 00:26 | 01:26 | 02:26 |
| Second Height | 0.47 | 0.96 | 1.46 | 2.02 | 2.35 | 1.76 | 1.18 | 0.59 |

| Tuesday 25th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 08:01 | 09:01 | 10:01 | 11:01 | 12:01 | 13:01 | 14:01 | 15:01 |
| First Height | 0.51 | 1.04 | 1.57 | 2.18 | 2.53 | 1.90 | 1.27 | 0.63 |
| Second Time | 20:18 | 21:18 | 22:18 | 23:18 | 00:18 | 01:18 | 02:18 | 03:18 |
| Second Height | 0.51 | 1.04 | 1.57 | 2.18 | 2.53 | 1.90 | 1.27 | 0.63 |

| Wednesday 26th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 08:50 | 09:50 | 10:50 | 11:50 | 12:50 | 13:50 | 14:50 | 15:50 |
| First Height | 0.52 | 1.07 | 1.62 | 2.24 | 2.61 | 1.96 | 1.31 | 0.65 |
| Second Time | 21:08 | 22:08 | 23:08 | 00:08 | 01:08 | 02:08 | 03:08 | 04:08 |
| Second Height | 0.53 | 1.09 | 1.66 | 2.30 | 2.67 | 2.00 | 1.34 | 0.67 |

| Thursday 27th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | | | | | | | | |
| First Height | | | | | | | | |
| Second Time | 09:38 | 10:38 | 11:38 | 12:38 | 13:38 | 14:38 | 15:38 | 16:38 |
| Second Height | 0.53 | 1.08 | 1.64 | 2.27 | 2.64 | 1.98 | 1.32 | 0.66 |

| Friday 28th May | HW-4 | HW-3 | HW-2 | HW-1 | HW | HW+1 | HW+2 | HW+3 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| First Time | 21:58 | 22:58 | 23:58 | 00:58 | 01:58 | 02:58 | 03:58 | 04:58 |
| First Height | 0.55 | 1.13 | 1.71 | 2.36 | 2.75 | 2.06 | 1.38 | 0.69 |
| Second Time | 10:25 | 11:25 | 12:25 | 13:25 | 14:25 | 15:25 | 16:25 | 17:25 |
| Second Height | 0.52 | 1.07 | 1.62 | 2.24 | 2.61 | 1.96 | 1.31 | 0.65 |

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.