

Tuesday 8th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:24	00:24	01:24	02:24	03:24	04:24	05:24	06:24
First Height	0.48	0.98	1.48	2.05	2.38	1.79	1.19	0.60
Second Time	11:50	12:50	13:50	14:50	15:50	16:50	17:50	18:50
Second Height	0.42	0.86	1.30	1.80	2.09	1.57	1.05	0.52

Wednesday 9th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:00	01:00	02:00	03:00	04:00	05:00	06:00	07:00
First Height	0.44	0.90	1.36	1.89	2.20	1.65	1.10	0.55
Second Time	12:24	13:24	14:24	15:24	16:24	17:24	18:24	19:24
Second Height	0.38	0.77	1.17	1.63	1.89	1.42	0.95	0.47

Thursday 10th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:41	01:41	02:41	03:41	04:41	05:41	06:41	07:41
First Height	0.39	0.80	1.22	1.69	1.96	1.47	0.98	0.49
Second Time	13:05	14:05	15:05	16:05	17:05	18:05	19:05	20:05
Second Height	0.34	0.69	1.04	1.44	1.68	1.26	0.84	0.42

Friday 11th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:31	02:31	03:31	04:31	05:31	06:31	07:31	08:31
First Height	0.34	0.70	1.05	1.46	1.70	1.28	0.85	0.43
Second Time	14:02	15:02	16:02	17:02	18:02	19:02	20:02	21:02
Second Height	0.29	0.60	0.91	1.26	1.47	1.10	0.74	0.37

Saturday 12th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:44	03:44	04:44	05:44	06:44	07:44	08:44	09:44
First Height	0.30	0.61	0.92	1.27	1.48	1.11	0.74	0.37
Second Time	15:30	16:30	17:30	18:30	19:30	20:30	21:30	22:30
Second Height	0.28	0.57	0.86	1.19	1.38	1.03	0.69	0.35

Sunday 13th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	04:26	05:26	06:26	07:26	08:26	09:26	10:26	11:26
First Height	0.30	0.61	0.92	1.27	1.48	1.11	0.74	0.37
Second Time	16:55	17:55	18:55	19:55	20:55	21:55	22:55	23:55
Second Height	0.30	0.62	0.94	1.30	1.51	1.13	0.75	0.38

Monday 14th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	05:42	06:42	07:42	08:42	09:42	10:42	11:42	12:42
First Height	0.34	0.70	1.05	1.46	1.70	1.28	0.85	0.43
Second Time	17:59	18:59	19:59	20:59	21:59	22:59	23:59	00:59
Second Height	0.35	0.71	1.08	1.50	1.74	1.31	0.87	0.44

Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.