

Friday 1st March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:13	00:13	01:13	02:13	03:13	04:13	05:13	06:13
First Height	0.46	0.95	1.43	1.99	2.31	1.73	1.16	0.58
Second Time	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35
Second Height	0.44	0.90	1.36	1.88	2.19	1.64	1.10	0.55

Saturday 2nd March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	23:46	00:46	01:46	02:46	03:46	04:46	05:46	06:46
First Height	0.44	0.91	1.37	1.90	2.21	1.66	1.11	0.55
Second Time	12:09	13:09	14:09	15:09	16:09	17:09	18:09	19:09
Second Height	0.41	0.85	1.28	1.78	2.07	1.55	1.03	0.52

Sunday 3rd March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:22	01:22	02:22	03:22	04:22	05:22	06:22	07:22
First Height	0.42	0.85	1.29	1.79	2.08	1.56	1.04	0.52
Second Time	12:49	13:49	14:49	15:49	16:49	17:49	18:49	19:49
Second Height	0.38	0.78	1.18	1.64	1.91	1.43	0.96	0.48

Monday 4th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:09	02:09	03:09	04:09	05:09	06:09	07:09	08:09
First Height	0.38	0.78	1.18	1.64	1.91	1.43	0.96	0.48
Second Time	13:42	14:42	15:42	16:42	17:42	18:42	19:42	20:42
Second Height	0.34	0.70	1.06	1.47	1.71	1.28	0.86	0.43

Tuesday 5th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:21	03:21	04:21	05:21	06:21	07:21	08:21	09:21
First Height	0.34	0.70	1.06	1.47	1.71	1.28	0.86	0.43
Second Time	15:13	16:13	17:13	18:13	19:13	20:13	21:13	22:13
Second Height	0.31	0.64	0.97	1.35	1.57	1.18	0.78	0.39

Wednesday 6th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	03:59	04:59	05:59	06:59	07:59	08:59	09:59	10:59
First Height	0.34	0.70	1.05	1.46	1.70	1.28	0.85	0.43
Second Time	16:41	17:41	18:41	19:41	20:41	21:41	22:41	23:41
Second Height	0.33	0.68	1.03	1.43	1.66	1.25	0.83	0.42

Thursday 7th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	05:26	06:26	07:26	08:26	09:26	10:26	11:26	12:26
First Height	0.38	0.78	1.18	1.64	1.91	1.43	0.96	0.48
Second Time	17:56	18:56	19:56	20:56	21:56	22:56	23:56	00:56
Second Height	0.38	0.77	1.17	1.62	1.88	1.41	0.94	0.47

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.