

Friday 22nd March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	06:52	07:52	08:52	09:52	10:52	11:52	12:52	13:52
First Height	0.44	0.89	1.35	1.87	2.18	1.64	1.09	0.55
Second Time	19:07	20:07	21:07	22:07	23:07	00:07	01:07	02:07
Second Height	0.42	0.87	1.31	1.82	2.12	1.59	1.06	0.53

Saturday 23rd March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	07:31	08:31	09:31	10:31	11:31	12:31	13:31	14:31
First Height	0.46	0.94	1.42	1.97	2.29	1.72	1.15	0.57
Second Time	19:44	20:44	21:44	22:44	23:44	00:44	01:44	02:44
Second Height	0.45	0.92	1.40	1.94	2.25	1.69	1.13	0.56

Sunday 24th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	08:06	09:06	10:06	11:06	12:06	13:06	14:06	15:06
First Height	0.47	0.96	1.46	2.02	2.35	1.76	1.18	0.59
Second Time	20:17	21:17	22:17	23:17	00:17	01:17	02:17	03:17
Second Height	0.47	0.96	1.45	2.01	2.34	1.76	1.17	0.59

Monday 25th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time								
First Height								
Second Time	08:37	09:37	10:37	11:37	12:37	13:37	14:37	15:37
Second Height	0.48	0.98	1.48	2.06	2.39	1.79	1.20	0.60

Tuesday 26th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	20:46	21:46	22:46	23:46	00:46	01:46	02:46	03:46
First Height	0.48	0.99	1.49	2.07	2.41	1.81	1.21	0.60
Second Time	09:05	10:05	11:05	12:05	13:05	14:05	15:05	16:05
Second Height	0.48	0.99	1.50	2.08	2.42	1.82	1.21	0.61

Wednesday 27th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	21:14	22:14	23:14	00:14	01:14	02:14	03:14	04:14
First Height	0.49	1.01	1.53	2.12	2.46	1.85	1.23	0.62
Second Time	09:32	10:32	11:32	12:32	13:32	14:32	15:32	16:32
Second Height	0.49	1.00	1.51	2.10	2.44	1.83	1.22	0.61

Thursday 28th March	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	21:45	22:45	23:45	00:45	01:45	02:45	03:45	04:45
First Height	0.49	1.01	1.53	2.12	2.47	1.85	1.24	0.62
Second Time	10:03	11:03	12:03	13:03	14:03	15:03	16:03	17:03
Second Height	0.48	0.99	1.50	2.08	2.42	1.82	1.21	0.61

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.